

## MARY AND SALLY'S FAVORITE RESOURCES

### **BOOKS**

#### **ADHD**

**All Dogs Have ADHD** by Kathy Hoopmann

**Buzz: A Year of Paying Attention** by Katherine Ellison

**Driven to Distraction** by Dr. Edward Hallowell and Dr. John Ratey

#### **Dyslexia**

**The Dyslexic Advantage** by Brock and Fernette Eide

**In the Mind's Eye** by Thomas G. West

**The Gift of Dyslexia** by Ron Davis

#### **Inspiration**

**Daring Greatly** by Brene' Brown

**Perseverance** by Margaret Wheatley

**Turning to One Another** by Margaret J. Wheatley

#### **Learning Differences**

**A Mind at a Time** by Mel Levine

**It's So Much Work to Be Your Friend** by Lavoie, Reiner and Levine

**No Easy Answers** by Sally Smith

**The Misunderstood Child** by Larry B. Silver

**The Myth of Laziness** by Mel Levine

**The Short Bus** by Jonathan Mooney

**Different Learners** by Jane Healy

**A Special Education** by Dana Buchman

**NeuroTribes** by Steve Silberman

#### **Learning Differences For Teens and Tweens**

**Learning Outside The Lines** by Jonathan Mooney and David Cole

**Read This When You Can** by S.A.F.E. Voices

**The Survival Guide for Teenagers with LD** by Rhoda Cummings

**Beyond Measure** by Vicki Abeles

#### **Neuroplasticity**

**At Wit's End** by Jill Stowell

**Brain School** by Howard Eaton

**The Brain That Changes Itself** by Norman Doidge, MD

**The Woman Who Changed Her Brain** by Barbara Arrowsmith-Young

#### **Parenting**

**The 5 Love Languages of Children** by Gary Chapman

**Raising Your Spirited Child** by Mary Sheedy Kurcinka

**Building Emotional Intelligence** by Linda Lantieri

**The SMART Parenting Revolution** by Dawna Markova

#### **Special Education**

**So You Want to be a Special Education Teacher** by Jim Yerman

**Love, Understanding, and Other Best Practices** by Larry Martin Davis

## VIDEOS

### **Dislecksia: The Movie**

Get on board with Emmy award-winning filmmaker Harvey Hubbell V and his crew as they explore the unique nature of how each of us learn.

### **Embracing Dyslexia**

Luis Macias is a filmmaker and this is his personal project that came to life when he and his wife discovered their son had dyslexia, a revelation that has changed their lives for the better.

### **How Difficult Can This Be? The F.A.T. City Workshop**, by Richard Lavoie.

This unique program allows viewers to experience the same frustration, anxiety and tension that children with learning disabilities face in their daily lives.

To order this and other Lavoie videos, click [here](#).

### **Journey into Dyslexia - An HBO Documentary Film**

This moving documentary by Academy-Award winning filmmakers, Susan and Alan Raymond, presents profiles of dyslexic students and adults who share their experiences of struggling in school and then succeeding in life.

### **The Music Within**

The true story of Richard Pimentel, a brilliant public speaker with a troubled past, who returns from Vietnam severely hearing -impaired and finds a new purpose in his landmark efforts on the behalf of Americans with disabilities.

### **Race to Nowhere**

*Race to Nowhere* is a documentary film examining the pressures faced by youth, teachers and parents in our achievement obsessed education system and culture. Featuring the heartbreaking stories of young people who have been pushed to the brink, educators who are burned out and worried students aren't developing the skills needed, and parents who are trying to do what's best for their kids, *Race to Nowhere* points to the silent epidemic running rampant in our schools. Click [here](#) to see a trailer.

### **read me differently**

A shock of recognition in social work school leads first-time filmmaker Sarah Entine to explore how undiagnosed dyslexia and ADHD have impacted three generations in her family, starting with her own struggles. Click [here](#) to see the trailer.

### **Steven Spielberg On His Dyslexia**

Quinn Bradley (Friends of Quinn) interviews Steven Spielberg about his dyslexia.

### **Temple Grandin**

*Temple Grandin* paints a picture of a young woman's perseverance and determination while struggling with the isolating challenges of autism at a time when it was still quite unknown. The acclaimed HBO film is now available on DVD.

## **WEB SITES AND ONLINE RESOURCES**

### **The Arrowsmith Program**

The Arrowsmith Program companies offer the Arrowsmith cognitive exercise program to public and private schools internationally.

### **Bullying Among Children and Youth with Disabilities and Special Needs**

Children with learning differences are often at higher risk of being bullied than those without learning differences.

### **Colleges with Programs to Support Students with Learning Differences**

Almost all colleges and universities provide some level of services and/or accommodations for learning disabled students, as mandated by the Americans with Disabilities Act (ADA). The colleges and universities listed here go a step further...they offer programs, some quite comprehensive, designed to support students with learning disabilities.

### **The Dyslexic Advantage**

Drs. Brock and Fernette Eide's online community for dyslexics. Their motto: "Dyslexia is an Advantage."

### **Eaton Educational Group**

Based in Vancouver, BC, Eaton Educational Group includes a diverse, dynamic and progressive group of companies that include Eaton Arrowsmith School®, Magnussen School, Eaton Cognitive Improvement Centre and Eaton Educational Consulting Group.

### **Friends of Quinn**

Online community for those living with learning differences.

### **The Hawn Foundation**

Featuring the Mind-Up Program anchored in current research in cognitive neuroscience, best practices in mindful education, and Social Emotional Learning (SEL).

### **Lehman Learning Solutions**

Brain-based academic learning center in Seattle that offers one-to-one tutoring in a nurturing and friendly environment for clients aged 5-adult.

### **Learning Disabilities Worldwide**

Learning Disabilities Worldwide (LDW®) continues to be instrumental in changing the world by bringing hope and support to individuals and their families with learning disabilities (LD).

### **LD Online**

LD OnLine seeks to help children and adults reach their full potential by providing accurate and up-to-date information and advice about learning disabilities and ADHD.

### **One Heart Studio**

Give your child the gift of hope. Seattle artist and calligrapher, Caitlin Dundon, hand writes her beautiful script on painted wood boxes, picture frames and mirrors. Customers can select from One Heart's collection of heartfelt quotations or submit their own words and/or sayings that best describe your child. A lovely, time-honored gift that will be a visual reminder of your child's special gifts and talents.



### Post-ITT

Post-ITT is an acronym for Postsecondary Innovative Transition Technology. Post-ITT uses the Internet to provide information and resources to high school students with disabilities considering college and to those who support them. This is a great resource for parents, students and teachers.

### Parent Well

Your Portal to information, expertise and support in the most important job you will ever have - Parenting! Sally Kidder Davis, M.Ed., CPC, **PCI Certified Parent Coach®** helps parents with children who learn differently celebrate their child's strengths and become their child's best advocate.

### ReThink Higher Ed

They offer consulting on curriculum, organizational change, and funding models for colleges and universities to help develop comprehensive, inclusive programs for students challenged with intellectual disabilities and learning disabilities. This program is also applicable to "transition" age students 18-21 in secondary schools.

### Temple Grandin

Dr. Temple Grandin's official website

### Wright's Law

Wright's Law provides accurate, reliable information about special education law, education law, and advocacy for children with disabilities.